



General Tso Chicken

DESCRIPTION:

Our Whole Grain, Thin Batter chicken chunks cooked to a golden crisp and finished in our dashing General Tso Sauce.

FOOD BASED EQUIVALENCY:

A 3.92 oz serving of General Tso Chicken provides 2.0 M/A and ¼ Grain

HEATING INSTRUCTIONS:

- Place on sheet pan and bake @ 395° for approx. 20 min or until crispy and golden brown (no need to thaw chicken, cook from frozen state).
- Place sauce packages in a hot water bath approx. 30min.
- Make sure chicken reaches 145°. Plate and serve.

INGREDIENTS:

BATTERED CHICKEN CHUNKS: Chicken leg meat (contains up to 15% water, salt and sodium phosphate), whole wheat flour, water, corn starch, yellow corn flour, vegetable oil, soy sauce (water, wheat, soybeans, salt, sodium benzoate [preservative]).

SAUCE: Sugar, Water, Distilled Vinegar, Soy Sauce (Water, Wheat, Soybeans, Salt, and Sodium Benzoate [Less than 1/10 of 1% as a Preservative]), Modified Food Starch, Salt, Tomato Paste, Hoisin Sauce (Sugar, Water, Miso [Water, Soybeans, Rice, Salt], Plum Puree, Naturally Brewed Soy Sauce [Water, Wheat, Soybeans, Salt], Garlic, Caramel Color, Modified Food Starch, Fermented Wheat Protein, Vinegar, Salt, Spices, Xanthan Gum, Citric Acid), Onion Powder, Mushroom Soy Sauce (Water, Soy Beans, Wheat Flour, Salt, Sugar, Extract of Mushroom), Crushed Red Chili Pepper, Minced Garlic, Garlic Powder, Lemon Juice, Citric Acid

Contains: WHEAT, SOY.

**NO TRANS FAT
NO MSG**

***Actual Nutritional Facts may vary depending on preparation**



Battered Chicken & General Tso Sauce

Nutrition Facts

Serving Size 3.92oz
171 Servings Per Case

Amount Per Serving		Calories from Fat 25
Calories 163		
		% Daily Value*
Total Fat 3g		5%
Saturated Fat 3g		15%
Trans Fat 0g		
Cholesterol 55mg		18%
Sodium 462mg		19%
Total Carbohydrate 22g		7%
Dietary Fiber 1g		4%
Sugars 14g		
Protein 14g		
Vitamin A 2%		Vitamin C 0%
Calcium 0%		Iron 6%

*Percent daily values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

Total Fat	Less than 65g	2,000	2,500
Sat Fat	Less than 20g	80g	80g
Cholesterol	Less than 300mg	300mg	300mg
Sodium	Less than 2,400mg	2,400mg	2,400mg
Total Carbohydrate	Less than 300g	300g	375g
Dietary Fiber	25g	25g	30g

I certify this information is true and correct:

Grant K. Kwok
President

July 1, 2017
Date

Effective for one year from date signed

Product Code	Description	U/M	Count	Lbs	Total Weight
COMWG-0132	Battered Chicken	10 lb	3	30	42 lbs <i>(COMMERCIAL)</i>
	General Tso Sauce	2 lb	6	12	
CMDTYWG-0132	Battered Chicken	10 lb	3	30	42 lbs <i>(COMMODITY)</i>
	General Tso Sauce	2 lb	6	12	



Pack Information – 42 LB COMMERCIAL & COMMODITY

Pack: 3/10 lb. Bag of Battered Chicken & 6/2 lb. Bags of Sauce.

Case Net Wt. (Lbs): 42 lbs

Case Gross Wt. (Lbs): 43 lbs

Case Dimension: 19 x 13 x 11

Case Cube: 1.57

Cases/Pallet Layer: 7

Layers/ Pallet: 6

Cases/ Pallet: 42

Origin: USA

Shelf Life

Frozen: 2 years

Refrigerated: 3 days

GTIN-12

Commercial - N/A

Commodity - 013964788020

Note: Product not intended to be eaten cold. See Cooking Instructions.