

valleygreenfoods

Opportunity Buys at Excellent Prices

FC Whole Grain Breaded Chicken Breast Tender



Code: 77076

PAC: 10 lb. case

40- 3.6 oz. serv/case

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT, WHEAT FLOUR, WATER, CONTAINS 2% OR LESS OF THE FOLLOWING: RICE STARCH, SALT, TURBINADO SUGAR, SODIUM CARBONATE, NATURAL FLAVORING, SODIUM LACTATE, TAPIOCA DEXTRIN, SPICES, SPICE EXTRACTIVES INCLUDING PAPRIKA AND EXTRACTIVES OF PAPRIKA, POTATO STARCH, SWEET DAIRY WHEY, DEXTROSE, DEHYDRATED GARLIC, WHEAT GLUTEN, LEAVENING (SODIUM ACID PYROSPHOSPHATE, SODIUM BICARBONATE), XANTHAN GUM, EXTRACTIVES OF ANNATTO. BREADING IS SET IN VEGETABLE OIL. CONTAINS: WHEAT, MILK

Nutritionals

Calories	200
Calories from Fat	110
Fat	12 g
Saturated Fat	2 g
Trans Fat	0 g
Carbohydrates	16 g
Cholesterol	16 g
Sodium	480 mg
Dietary Fiber	0 g
Sugars	0 g
Protein	9 g

HEATING INSTRUCTIONS

Heat to 165°F internal temperature.
Do not overheat. Product is already fully cooked.

Conventional Oven: 12-14 Minutes

Preheat oven to 375°F. Place frozen Chicken Tenders into one layer on a flat baking sheet. Bake for 6 minutes, remove from oven and turn product over. Bake for an additional 6-8 minutes.