



## RTC Chicken Steaks 3 oz



Code: 106003  
PAC: 10 lb. case  
54 serv/case

NUTRITIONALS	
Serving Size	3 oz
Calories	80
Calories from Fat	25 g
Fat	2.5 g
Saturated Fat	0.5 g
Trans Fat	0
Carbohydrates	1 g
Cholesterol	35 mg
Sodium	280 mg
Dietary Fiber	0 g
Sugars	1 g
Protein	12 g
Vitamin A	0%
Vitamin C	2%
Calcium	2%
Iron	4%