



## FC Roasted Breast and Thighs



Code: 96013  
PAC: 10 lb. case  
29 serv/case

| NUTRITIONALS  |        |
|---------------|--------|
| Calories      | 166    |
| Fat           | 10 g   |
| Saturated Fat | 3.5 g  |
| Trans Fat     | 0 g    |
| Carbohydrates | 0 g    |
| Cholesterol   | 100 mg |
| Sodium        | 95 mg  |
| Dietary Fiber | 0 g    |
| Sugars        | 0 g    |
| Protein       | 19 g   |
| Vitamin A     | 105 IU |
| Vitamin C     | 1 mg   |
| Calcium       | 1 mg   |
| Iron          | 1 mg   |