



Product Specification and Nutritional Information

Current Revision Date: 7/1/2018 Replaces Spec Dated 11/8/2017



Stock Code		Product Name							
61954		Chicken and Cheese Enchiladas							
Bulk Pack		Made with All Natural* Chicken Raised Without Antibiotics							
Net Wt. (oz)	Case Pack	Case Net Wt. (Lbs)	UPC/GTIN	Ship Wt. (Lbs)	Case Cube	Case Dimensions (in)	Pallet Count	Tie/High	
2.200	144	19.80	10006574619546	21.39	0.756	20.250 L 14.750 W 4.375 H	60	6 x 10	
Child Nutrition (CN) Meal Pattern Contributions¹				CN # 096392	CN Date 11-17	CN Expiration Date 11/6/2022			
Each 2.200 oz. portion provides*:		Meat/Meat Alternate. (oz)	Equivalent Grains (oz)	Legume veg (cup)	Red/Orange veg (cup)	Dark Green veg (cup)	Starchy veg (cup)	Other veg (cup)	
A		0.75	1.00						
--- OR ---									
B		0.75	1.00						

* - use the crediting in row A or row B, but not both. (based on the dual meat alternate/vegetable crediting for legumes.)
 1 - if there is a CN number and CN date listed, the item is CN labeled.

Ingredient Statement

Ingredients: Filling: Chicken used is All Natural*, No Antibiotics Ever** Fully Cooked Diced Chicken Breast with Rib Meat (Boneless, Skinless Chicken Breast with Rib Meat, Water, Potato Starch, Salt, Yeast Extract, and Citrus Extract), Boneless Skinless Ground Chicken (Raised Without Antibiotics**, may contain up to 12% retained water), Reduced Fat Cheddar Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Cheese Color, Enzymes), Water, Contains 2% or less of: Spices, Garlic Powder, Onion Powder, Tomato Puree (Tomatoes, Citric Acid), White Vinegar, Salt, Modified Food Starch (Refined From Corn), and Isolated Soy Protein. **Made from Chicken Raised Without Antibiotics.*No Artificial Ingredients, Minimally Processed.

Whole Grain Corn Tortilla: White Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Whole Grain Corn Flour (yellow corn masa flour, trace of lime), Water.

Allergen Statement Contains: Soy, Milk

BID Specification

Enchilada-Frozen Chicken and RF Cheddar Cheese. Chicken used is All Natural*, No Antibiotics Ever** Fully Cooked Diced Chicken Breast and Boneless Skinless Ground Chicken Raised Without Antibiotics** Each 2.20 oz. enchilada provides 0.75 OZ equivalent Meat/Meat Alternate and 1.00 OZ Grain EQV towards the NSLP. 100% Whole Grain Corn Tortilla. CN Labeled. Enchiladas are bulk packed. 144 count. Preparation instruction printed on outside of case. No more than 195 mg Sodium, Less than 11% calories from saturated fat, and 0 Trans Fat added. No less than 95 Kcal. Los Cabos Brand 61954 **Made from Chicken Raised Without Antibiotics.*No Artificial Ingredients, Minimally Processed.

Nutritional Information

Serving Size 2.200 oz. (62.37 g)
 Servings Per Package: 1
 Calories (Kcal) 96.82
 Calories from Fat 28.80
 Protein (g) 7.17
 Carbohydrates (g) 9.74
 Sugars (g) 0.26
 Tot. Dietary Fiber (g) 1.74
 Ash (g) 0.72

% Calories from Fat 29.75%
 % Calories from Sat Fat 11.15%
 % Sugar 0.42%

Fats

Total Fat (g) 3.20
 Saturated Fat (g) 1.20
 Trans Fat (g)* 0.00
 Cholesterol (mg) 22.45
 Water (g) 22.09

Basis of Analysis: as Cooked.

Fat Change +/- 0% Moisture Change +/- 0%
 Data Source: USDA Handbook 8

Vitamins	%DV	Minerals	%DV
Vitamin A (RE)	0.00	Iron (mg)	0.59 4%
Vitamin A (IU)	64.94 2%	Sodium (mg)	194.16
Vitamin C (mg)	0.10 0%	Calcium (mg)	49.72 4%
		Potassium (mg)	114.34

*-Trans Fats naturally occurring

Heating Instructions

Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. In order to facilitate the easy separation of the enchiladas, remove product from the case and thaw at room temperature in a single layer on a sheet pan for 15 to 30 mins (depending on ambient temperature of the room). Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce to avoid product becoming crispy. Sauce should fill bottom of pan and sauce level should cover enchiladas. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese or other garnish (if desired), foil and place in steam table for service. Once heated and garnished, serve product with at least a 6" spatula to transfer enchilada from pan to serving plate.

For Additional Information, visit our website at www.mcifoods.com or contact:

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661



Bulk Pack
DOP: 305-17-D4

Chicken and Cheese Enchiladas

Made with All Natural* Chicken Raised Without Antibiotics

144 CT - 2.20 OZ.

W233E

Lot #

55555

**FOR INSTITUTIONAL USE ONLY
KEEP FROZEN**

CN _____ CN _____ 096392
Each 2.20 oz. Enchilada provides 0.75 oz. equivalent meat/meat alternate and
1.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of
this logo and statement authorized by the Food and Nutrition Service, USDA11-17.)
CN _____ CN _____

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Stock Code

61954

Contains: Soy, Milk
NET WT. 19 LBS. 12.80OZ.

M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

Stock Code
61954

Lot #
55555



10006574619546

CN-ENCH-POULTRY-WG

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