



## Product Specification Sheet:

# PREMIUM SPICY, WHOLE GRAIN, BREADED, WHOLE MUSCLE, CHICKEN BREAST, FILLET, FULLY COOKED - PNL

**Brand:** Rich Chicks

**MFG SKU:** RC13410

**Origin:** Product of USA

**Case GTIN:** 10854781002725

**Shelf Life:** 540 Days

**Code Dating:** Julian

**Kosher:** No

**Storage Temperature & Conditions:** Frozen < 0 Deg. (F) / -17.8 Deg. (C)

**Ingredients:** Chicken Breast with Rib Meat, Chicken Protein Solution (Chicken Protein, Water), Isolated Oat Product, Salt. BreaDED With: Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Spice Extractive, Yeast, Sugar, Extractives of Paprika. Pre-dusted and Battered With: Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Corn Starch, Salt, Egg Whites, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Soybean Oil (as Processing Aid), Spice Extractive, Extractives of Paprika. Breading Set in Vegetable Oil.

**Allergens:** Wheat, Egg, Soy.

**Product** \*PNL- Refers to our Premium Nutrition Line products

**Specifications:** Piece Size: 4.06oz / 115g  
Tolerance: ± .5oz / 14g  
Target Piece Count: 78 piece(s) per case  
Piece Range: Between 74 - 82 piece(s) per case

**Cooking** Convection Oven: Bake at 375°F for 10-12 minutes.

**Instructions:** Conventional Oven: Bake at 375°F for 12-14 minutes.

Appliances may vary. Adjust cooking times accordingly.

PRODUCT IS FULLY COOKED. MUST BE COOKED IN ACCORDANCE WITH THE FOOD CODE AND/OR STATE AND LOCAL REQUIREMENTS. PRODUCT IS FOR FOOD SERVICE USE ONLY.

### Packaging Specifications

**Case Pack:** 4/5 LB PG

**Case Wt. (Net/Gross):** 20 LBS Net / 21.5 LBS Gross

**Case Cube:** 1.01 (cu.ft.)

**Case Dim:** L: 18.63 W: 9.13 H: 10.31

**Pallet Config.:** 10 x 7 = 70 Cases/Pallet



## Nutrition Facts

Serving Size: 4.06OZ (1 FILLET) / 115g  
Servings Per Container: 78

### Amount Per Serving

**Calories 254**      Calories from Fat 108

**% Daily Value\***

**Total Fat 12g**      **18%**

Saturated Fat 2.7g      **13%**

Trans Fat 0g

**Cholesterol 65mg**      **22%**

**Sodium 411mg**      **17%**

**Total Carbohydrate 16g**      **5%**

Dietary Fiber 2g      **8%**

Sugars 0g

**Protein 21g**

Vitamin A 0%      •      Vitamin C 8%

Calcium 0%      •      Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	65g
Saturated Fat	Less than	20g	25mg
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**CN Label:** No

SIGNED LETTER OF MEAT AND GRAIN EQUIVALENCY AVAILABLE UPON REQUEST

**Signature:** *Melissa Cormier*

**Print:** Melissa Cormier

**Title:** Compliance Manager

**Date:** 1/2/2019

**Specifications are subject to change.**