



# WHOLE GRAIN **BAGELFULL** *delights*

**51%**  
WHOLE GRAINS

## **DELICIOUS BITE-SIZED DELIGHTS!**

*Featuring fun whole  
grain flavors...*

**PLAIN WITH PLAIN CREAM CHEESE**

**CINNAMON RAISIN BAGEL WITH MAPLE,  
CINNAMON & RAISIN CREAM CHEESE**

**PLAIN WITH STRAWBERRY  
CREAM CHEESE**

**EVERYTHING WITH PLAIN CREAM CHEESE**



**2**  
GRAIN

**NEW!**



**48**  
COUNT BOX

## **HEATING INSTRUCTIONS**

| Heating Instructions:                            | Frozen    | Thawed   |
|--------------------------------------------------|-----------|----------|
| Oven (350°F)<br>or<br>Convection Oven<br>(325°F) | 15-20 min | 8-10 min |

**5** GRAMS  
OF PROTEIN

**7** %  
DIETARY  
FIBER

**NO** TRANS  
FAT

**51** %  
WHOLE  
GRAINS

**2** GRAIN

NEW!

# WHOLE GRAIN BAGELFULL *delights*



## WHOLE GRAIN BAGEL BALL WITH CREAM CHEESE

| Nutrition Facts               |                |
|-------------------------------|----------------|
| 1 serving per container       |                |
| Serving size                  | 1 piece (65g)  |
| Amount Per Serving            |                |
| <b>Calories</b>               | <b>170</b>     |
|                               | % Daily Value* |
| <b>Total Fat</b> 5g           | <b>6%</b>      |
| Saturated Fat 3g              | <b>15%</b>     |
| Trans Fat 0g                  |                |
| <b>Cholesterol</b> 15mg       | <b>5%</b>      |
| <b>Sodium</b> 290mg           | <b>13%</b>     |
| <b>Total Carbohydrate</b> 26g | <b>9%</b>      |
| Dietary Fiber 2g              | <b>7%</b>      |
| Total Sugars 3g               |                |
| Includes 2g Added Sugars      | <b>4%</b>      |
| <b>Protein</b> 5g             |                |
| Vitamin D 0mcg                | 0%             |
| Calcium 20mg                  | 2%             |
| Iron 1.3mg                    | 8%             |
| Potassium 100mg               | 2%             |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHOLE WHEAT FLOUR, WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CREAM CHEESE (MILK, CHEESE CULTURES, SALT, GUAR GUM), MALT SYRUP (CORN SYRUP, MALTED BARLEY EXTRACT), SALT, YEAST, SOYBEAN OIL, DOUGH CONDITIONER (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENZYMES)

CONTAINS: MILK, WHEAT, SOY

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES: EGG, SOY, SESAME



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## WHOLE GRAIN CINNAMON RAISIN BAGEL WITH MAPLE, CINNAMON & RAISIN CREAM CHEESE

| Nutrition Facts               |                |
|-------------------------------|----------------|
| 1 serving per container       |                |
| Serving size                  | 1 piece (65g)  |
| Amount Per Serving            |                |
| <b>Calories</b>               | <b>180</b>     |
|                               | % Daily Value* |
| <b>Total Fat</b> 4.5g         | <b>6%</b>      |
| Saturated Fat 2g              | <b>10%</b>     |
| Trans Fat 0g                  |                |
| <b>Cholesterol</b> 10mg       | <b>3%</b>      |
| <b>Sodium</b> 280mg           | <b>12%</b>     |
| <b>Total Carbohydrate</b> 32g | <b>12%</b>     |
| Dietary Fiber 3g              | <b>11%</b>     |
| Total Sugars 7g               |                |
| Includes 3g Added Sugars      | <b>6%</b>      |
| <b>Protein</b> 5g             |                |
| Vitamin D 0mcg                | 0%             |
| Calcium 30mg                  | 2%             |
| Iron 1.5mg                    | 8%             |
| Potassium 140mg               | 2%             |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHOLE WHEAT FLOUR, WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CREAM CHEESE (MILK, CHEESE CULTURES, SALT, GUAR GUM), RAISINS, CORNSTARCH, SUGAR (SUGAR, CORNSTARCH), VANILLA EXTRACT (WATER, ALCOHOL (35%), SUGAR, VANILLA BEAN EXTRACTIVES), CORNSTARCH, MAPLE SYRUP, CINNAMON, WATER, MALT SYRUP (CORN SYRUP, MALTED BARLEY EXTRACT), RAISINS, SALT, YEAST, SOYBEAN OIL, DOUGH CONDITIONER (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], ENZYMES)

CONTAINS: MILK, WHEAT, SOY

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES: EGG, SOY, SESAME



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## WHOLE GRAIN BAGEL BALL WITH STRAWBERRY CREAM CHEESE

| Nutrition Facts               |                |
|-------------------------------|----------------|
| 1 serving per container       |                |
| Serving size                  | 1 piece (65g)  |
| Amount Per Serving            |                |
| <b>Calories</b>               | <b>190</b>     |
|                               | % Daily Value* |
| <b>Total Fat</b> 5g           | <b>8%</b>      |
| Saturated Fat 3g              | <b>15%</b>     |
| Trans Fat 0g                  |                |
| <b>Cholesterol</b> 15mg       | <b>5%</b>      |
| <b>Sodium</b> 290mg           | <b>13%</b>     |
| <b>Total Carbohydrate</b> 30g | <b>11%</b>     |
| Dietary Fiber 2g              | <b>7%</b>      |
| Total Sugars 6g               |                |
| Includes 3g Added Sugars      | <b>6%</b>      |
| <b>Protein</b> 5g             |                |
| Vitamin D 0mcg                | 0%             |
| Calcium 30mg                  | 2%             |
| Iron 1.3mg                    | 8%             |
| Potassium 80mg                | 2%             |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHOLE WHEAT FLOUR, WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CREAM CHEESE (MILK, CHEESE CULTURES, SALT, GUAR GUM), CORN STARCH, STRAWBERRIES, SUGAR (SUGAR, CORNSTARCH), MALT SYRUP (CORN SYRUP, MALTED BARLEY EXTRACT), SALT, YEAST, SOYBEAN OIL, DOUGH CONDITIONER (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENZYMES)

CONTAINS: MILK, WHEAT, SOY

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES: EGG, SOY, SESAME



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## WHOLE GRAIN EVERYTHING BAGEL WITH PLAIN CREAM CHEESE

| Nutrition Facts               |                |
|-------------------------------|----------------|
| 1 serving per container       |                |
| Serving size                  | 1 piece (65g)  |
| Amount Per Serving            |                |
| <b>Calories</b>               | <b>170</b>     |
|                               | % Daily Value* |
| <b>Total Fat</b> 5g           | <b>6%</b>      |
| Saturated Fat 3g              | <b>15%</b>     |
| Trans Fat 0g                  |                |
| <b>Cholesterol</b> 15mg       | <b>5%</b>      |
| <b>Sodium</b> 290mg           | <b>13%</b>     |
| <b>Total Carbohydrate</b> 26g | <b>9%</b>      |
| Dietary Fiber 2g              | <b>7%</b>      |
| Total Sugars 3g               |                |
| Includes 2g Added Sugars      | <b>4%</b>      |
| <b>Protein</b> 5g             |                |
| Vitamin D 0mcg                | 0%             |
| Calcium 20mg                  | 2%             |
| Iron 1.3mg                    | 8%             |
| Potassium 100mg               | 2%             |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHOLE WHEAT FLOUR, WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CREAM CHEESE (MILK, CHEESE CULTURES, SALT, GUAR GUM), MALT SYRUP (CORN SYRUP, MALTED BARLEY EXTRACT), SALT, YEAST, TOPPING (SESAME, POPPY, GARLIC, ONION), SOYBEAN OIL, DOUGH CONDITIONER (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENZYMES)

CONTAINS: MILK, WHEAT, SOY, SESAME

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES: EGG, SOY, SESAME



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| FLAVOR          | CASE DIMENSIONS                                          | CASE COUNT<br>INDIVIDUALLY WRAPPED | CASE WT     | TI/HI | SHELF LIFE |
|-----------------|----------------------------------------------------------|------------------------------------|-------------|-------|------------|
| Plain           | 13 <sup>3/4</sup> x 12 <sup>5/8</sup> x 5 <sup>1/4</sup> | 48/2.3 oz                          | 7 lbs 11 oz | 9x10  | 8 months   |
| Cinnamon Raisin | 13 <sup>3/4</sup> x 12 <sup>5/8</sup> x 5 <sup>1/4</sup> | 48/2.3 oz                          | 7 lbs 11 oz | 9x10  | 8 months   |
| Strawberry      | 13 <sup>3/4</sup> x 12 <sup>5/8</sup> x 5 <sup>1/4</sup> | 48/2.3 oz                          | 7 lbs 11 oz | 9x10  | 8 months   |
| Everything      | 13 <sup>3/4</sup> x 12 <sup>5/8</sup> x 5 <sup>1/4</sup> | 48/2.3 oz                          | 7 lbs 11 oz | 9x10  | 8 months   |